

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicant: Maresh Art Unit: 3764

Serial No: 09/065,308 Examiner: Crow

Filed: April 23, 1998

Title: EXERCISE METHODS AND APPARATUS

Certificate of Mailing

I hereby certify that this TRANSMITTAL SHEET AND DEPOSIT ACCOUNT AUTHORIZATION and the items identified herein are being deposited with the United States Postal Service as First Class mail, postage prepaid, in an envelope addressed to Assistant Commissioner for Patents, Washington, D.C. 20231, on this 7th day of February, 2000.

MAKUL
Mark A. Krull

TRANSMITTAL SHEET AND DEPOSIT ACCOUNT AUTHORIZATION

Assistant Commissioner for Patents
Washington, D.C. 20231

Dear Sir:

The following items are enclosed.

X Amendment and Response (4 pages)
X Check for \$55.00
X Return postcard

Please consider this document as a request for any necessary extension of time.

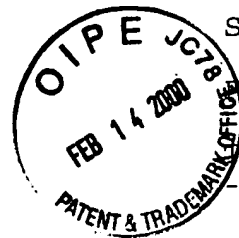
Please charge any fee deficiency or credit any overpayment to PTO Deposit Account No. 50-0549. This document is being submitted in duplicate.

Respectfully submitted,

MAKUL
Mark A. Krull
Reg. No. 34,205

1705 East Ridge Court
Northfield, MN 55057 .
(507) 645-1605

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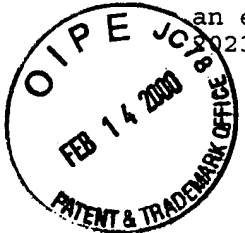
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Applicant: Maresh Art Unit: 3764
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V. Douglas
#4/a
2/18/00

Certificate of Mailing

I hereby certify that this AMENDMENT AND RESPONSE is being deposited with the United States Postal Service as First Class mail, postage prepaid, in an envelope addressed to Assistant Commissioner for Patents, Washington, D.C. 20231, on this 7th day of February, 2000.



Mark A. Krull
Mark A. Krull

AMENDMENT AND RESPONSE

Assistant Commissioner for Patents
Washington, D.C. 20231

Dear Sir:

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Introduction

This Amendment and Response is being submitted in reply to the Office Action dated October 6, 1999. Payment for a one month extension of time is enclosed herewith.

In the claims

Please amend the claims as follows:

9. A method of providing a substantially elliptical exercise motion having a configuration which is adjustable, comprising the steps of:

a) providing a frame designed to rest upon a floor surface;
connecting left and right cranks to a first frame portion in such a manner that the cranks rotate about a first frame-based axis;